

Το δίλημμα με τα εισπνεόμενα αντιβιοτικά: πότε ξεκινώ θεραπεία σε VAT ή VAP;

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Πνευμονολόγος - Εντατικολόγος



Nothing to Declare

CUSTOMS

What to declare • Exemptions
Prohibited • Restricted goods

NOTHING TO DECLARE

For the majority of travellers the following items can be brought into New Zealand:

- 1. 100 cigarettes or 200 cigars or 250g of tobacco
- 2. 1 litre of spirits (40% or more alcohol)
- 3. 2 litres of wine (12% or more alcohol)
- 4. 2 litres of beer (5% or more alcohol)
- 5. 100g of perfume or 500g of deodorant
- 6. 100g of soap
- 7. 100g of hair cream or 100g of body lotion
- 8. 100g of hair gel or 100g of hair spray
- 9. 100g of hair conditioner or 100g of hair oil
- 10. 100g of hair wax or 100g of hair cream

SARS

**Customs
declaration forms**

Please contact the customs
duty manager if you have any
customs related queries



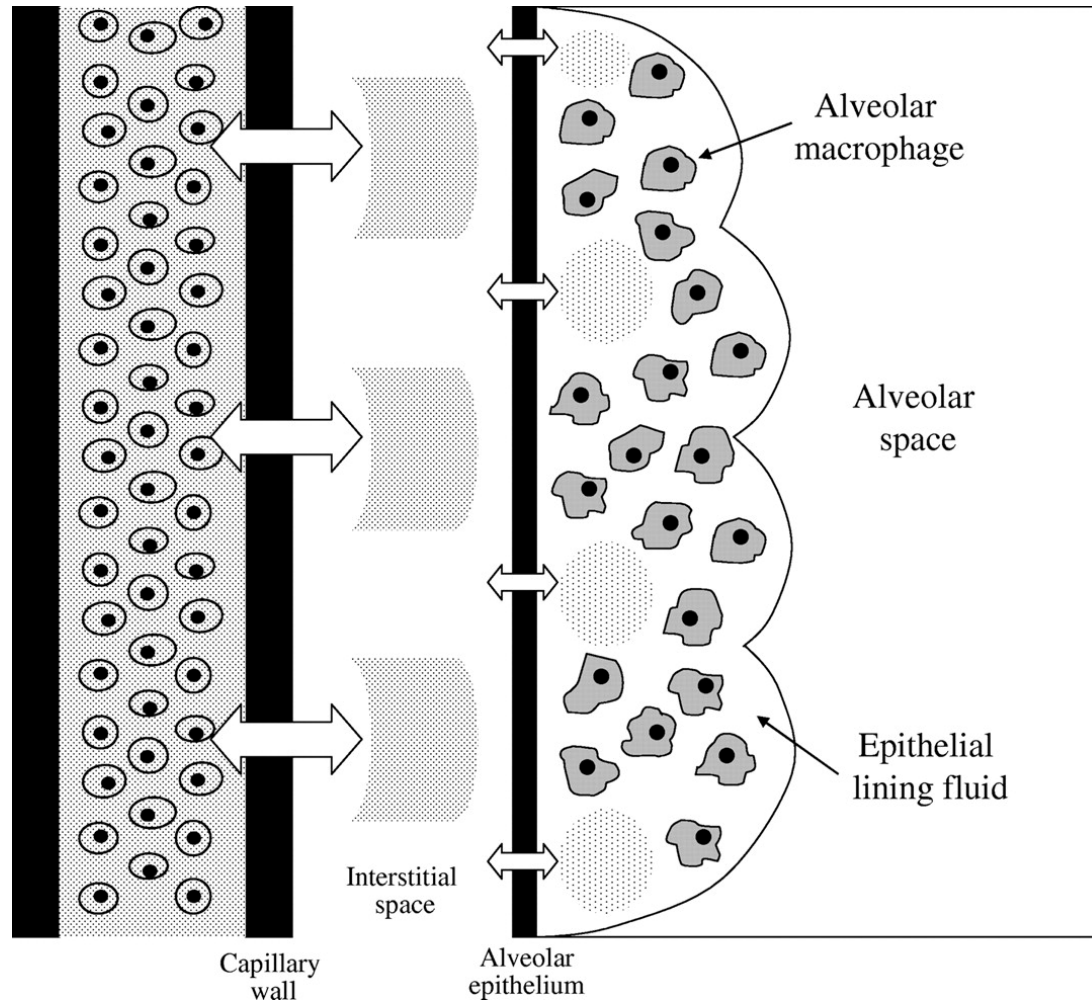
Κλινική περίπτωση

- Άνδρας 67 ετών, με ατομικό αναμνηστικό ΑΥ και Ε (από παλαιά ΚΕΚ) διασωληνώνεται στα ΤΕΠ λόγω status Ε. Μεταφέρεται στην ΜΕΘ.
- Την 3 μέρα νοσηλείας διακόπτεται η καταστολή και επιχειρείται αφύπνιση του ασθενούς. Δεν συνεργάζεται με το PS και ξανακαταστέλεται. Οι εκκρίσεις του γίνονται άθφονες και πυώδεις, η οξυγόνωση και ο αερισμός επηρεάζονται, οι δείκτες φλεγμονής ανεβαίνουν. Η ακτινογραφία επί κλίνης δείχνει ατελεκτασία ΑΚΛ.
- Αναβαθμίζεται εμπειρικά η αντιβιοτική αγωγή σε Μεροπενέμη-Κολιμυκίνη αφού πρώτα σταλούν βιολογικά δείγματα για καλλιέργεια από το κατώτερο αναπνευστικό και το αίμα.

Κλινική περίπτωση

- Την 6^η μέρα ο ασθενής εξακολουθεί να παραμένει με διαταραγμένη οξυγόνωση που δεν επιτρέπει διαδικασία απογαλακτισμού, παραμένει εμπύρετος, με άφθονες πυώδεις εκκρίσεις και εμφανίζεται σκίαση στο ΑΡ πνεύμονα.
- Το εργαστήριο ενημερώνει τηλεφωνικά ότι απομονώνεται *Acinetobacter Baumannii* με ευαισθησία μόνο στην Κολιμυκίνη και Αμικασίνη.
- Είναι η στιγμή να προστεθούν εισπνεόμενα αντιβιοτικά στην αγωγή του;

Οι VAP και VAT αναπτύσσονται στο Epithelial Lining Fluid



Interpretation of Antibiotic Concentration Ratios Measured in Epithelial Lining Fluid.

Kiem S et al. Antimicrob Agents and Chemother, Jan 2008; 24-36

Διεισδυτικότητα αντιβιοτικών στο Epithelial Lining Fluid

Table 1. Plasma and epithelial lining fluid (ELF) concentrations of oral penicillins and cephalosporins

Antibacterial agent	Dosage regimen	Subjects (n)	Sampling time (h) ^a	Plasma concentration (μg/mL) ^b	ELF concentration (μg/mL) ^b	ELF/plasma penetration ratio ^b	Reference
Amoxicillin/ clavulanic acid (AMO/CLA)	500 mg	15	1–2	AMO: 6.90 [1.2–9.8] ^c	AMO: 0.89 [0–3.48] ^{c,d}	NR	28
	AMO+250 mg			CLA: 5.25 [0.7–9.95] ^c	CLA: 0.96 [0–8.36] ^{c,d}	NR	
	CLA×1 dose						
Cefuroxime axetil	500 mg×1 dose	14	0.9–6.8 ^e	3.9±0.5	0.7±0.2	0.15	29
	500 mg×1 dose	4	6	1.1±0.3	<LLQ	NA	30
		4	12	0.06±0.12	<LLQ	NA	
		4	24	<LLQ	<LLQ	NA	
Cefpodoxime proxetil	200 mg×1 dose ^f	6	3	1.85±0.82	0.22±0.13	0.108±0.044	31
		6	6	1.40±1.25	0.12±0.14	0.0605±0.0479	
Ceftibuten	400 mg×1 dose	7	1.9 [1.38–2.67] ^g	15.2 [2.4–23.2] ^g	1.6 [0–2.8] ^g	0.13	32
		4	6.5 [4.08–8.08] ^g	14.0 [7.8–17.6] ^g	1.6 [0.76–2.1] ^g	0.12	
		3	13.3 [12.25–15.0] ^{g,h}	4.1 [2.5–5.6] ^{g,h}	1.2 [0.4–2.2] ^{g,h}	0.38	
Cefdinir	300 mg×1 dose	9	4	2.0 [1.4–8.0] ^c	0.29 [0–4.73] ^{c,i}	0.15 [0–3.26] ^{c,i}	33
	600 mg×1 dose	8	4	4.2 [3.05–6.4] ^c	0.49 [0–0.59] ^c	0.12 [0–0.14] ^c	
Cefaclor	750 mg bid×7 doses ^j	6	4	3.08±1.7	2.71±0.87	0.88	34
		6	6	0.68±0.70	2.16±1.70	3.2	
		6	12	0.23±0.1	0.6±0.3	2.6	
Cefditoren	400 mg×1 dose	8	1.0–2.0 ^k	1.78±1.27	0.39±0.21	0.381±0.501	35
		8	2.01–3.0 ^k	1.33±0.95	0.34±0.25	0.232±0.181	
		8	3.01–4.0 ^k	1.03±0.51	0.30±0.18	0.318±0.192	

Penetration of Anti-Infective Agents into Pulmonary Epithelial Lining Fluid. Rodvold K.A et al.
Clin Pharmacokinet 2011; 50: 637-664

Διεισδυτικότητα αντιβιοτικών στο Epithelial Lining Fluid

Table II. Plasma and epithelial lining fluid (ELF) concentrations of parenteral penicillins and cephalosporins

Antibacterial agent	Dosage regimen	Subjects (n)	Sampling time (h) ^a	Plasma concentration (μg/mL) ^b	ELF concentration (μg/mL) ^b	ELF/plasma penetration ratio ^b	Reference
Piperacillin/tazobactam (PIP/TAZ)	4 g PIP+500 mg TAZ IV 0.5 h infusion q8h	10	Steady state ^c	PIP: 24.0±13.8 TAZ: 2.4±1.2	PIP: 13.6±9.4 TAZ: 2.1±1.1	PIP: 0.568±0.336 TAZ: 0.913±0.277	36
Cefpirome	1 g IV 0.5 h infusion×1 dose	37	0.5–7 ^d	34.5±3.3 ^e	7.2±1.1 ^{e,f}	0.359±0.074 ^{e,f}	37
Ceftazidime	1 g IM×1 dose	5	1	39.89±10.42	2.71±0.88	NR	38
		5	2	36.04±9.21	2.66±0.64	NR	
		5	4	13.34±4.12	1.32±0.64	NR	
		5	8	6.08±1.71	0.66±0.36	NR	
		5	12	1.07±0.45	0.12±0.15	NR	
	2 g 0.5 h IV infusion×1 dose then continuous IV infusion of 4 g/d	15	8, 12, 18 ^g	39.6±15.2	8.2±4.8	0.206±0.089	39
Cefepime	2 g IV 0.5 h infusion×1 dose then continuous IV infusion of 4 g/d	7	8 ^g	13.5±3.2 ^h	13.7±3.0	1.01	40
		7	12 ^g	13.7±3.5 ^h	13.5±3.3	0.99	
		6	18 ^g	13.3±3.6 ^h	14.9±2.3	1.12	
Ceftobiprole	500 mg IV 2 h infusion q8h×4 doses	6	2.5	17.68±4.48	2.55±0.99	0.255±0.366 ⁱ	41
		6	4	12.77±2.26	2.00±1.07		
		6	6	6.91±4.58	4.58±5.82		
		6	8	3.65±1.05	1.51±0.39		

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Διεισδυτικότητα αντιβιοτικών στο Epithelial Lining Fluid

Table III. Plasma and epithelial lining fluid (ELF) concentrations of carbapenems

Antibacterial agent	Dosage regimen	Subjects (n)	Sampling time (h) ^a	Plasma concentration (μg/mL) ^b	ELF concentration (μg/mL) ^b	ELF/plasma penetration ratio ^b	Reference
Meropenem	1g IV 0.5 h infusion×1 dose	30 ^c	0.5	25.96±22.16	5.04±3.33	0.19±0.11	45
			1	14.98±5.30	7.07±2.87	0.51±0.24	
			2	12.01±3.48	3.86±2.74	0.33±0.20	
			4	2.51±0.68	2.20±2.29	1.04±1.20	
			6	0.57±0.27	0.59±1.09	0.82±1.18	
	500mg IV 0.5 h infusion q8h×4 doses	4	8	0.29±0.24	NR	NA	46
			1	10.9±1.3	5.3±2.5	0.49–0.80 ^d	
			2	5.2±1.6	2.7±1.8		
			3	2.4±0.9	1.9±0.9		
			5	0.3±0.4	0.7±0.4		
	1g IV 0.5 h infusion q8h×4 doses	4	8	0.0±0.0	0.2±0.1		0.32–0.53 ^d
			1	19.0±7.6	7.7±3.1		
			2	7.5±1.3	4.0±1.1		
			3	5.3±1.5	1.7±1.4		
			5	2.0±1.3	0.8±0.4		
	2g IV 0.5 h infusion q8h×4 doses	4	8	0.0±0.0	0.03±0.05		
			1	60.9±8.0	2.9±1.0	0.048	
			3	12.8±2.7	2.8±1.5	0.219	
Ertapenem	1g IV 0.5 h infusion×1 dose	15 ^e	1	63.1±16.9	4.06±6.64	0.0619±0.1100	47
			3	39.7±15.2	2.59±2.33	0.0685±0.0645	
			5	27.2±15.5	2.11±1.80	0.0940±0.1070	
	1g IV 1h infusion q24h	15 ^f	19 ^g	30.3 [27.1–37.8] ^{h,j}	9.4 [8.0–10.7]	0.32 [0.28–0.46] ^k	48
			12 ^g	4.8 [3.9–6.4] ^{h,j}	2.0 [1.1–2.5]		
			24 ^g	0.8 [0.5–1.2] ^{h,j}	0.3 [0.2–0.4]		
Blapenem	300mg IV 0.5 h infusion×1 dose	6 ⁱ	0.5	18.1±2.8	3.48±1.20	0.20±0.08	22
	300mg IV 3 h infusion×1 dose		3	6.8±1.2	1.33±0.26	0.20±0.06	

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Διεισδυτικότητα αντιβιοτικών στο Epithelial Lining Fluid

Table X. Plasma and epithelial lining fluid (ELF) concentrations of aminoglycosides

Antibacterial agent	Dosage regimen	Subjects (n)	Sampling time (h) ^a	Plasma concentration (μg/mL) ^b	ELF concentration (μg/mL) ^b	ELF/plasma penetration ratio ^b	Reference
Gentamicin	240 mg IV 30 min infusion × 1 dose	6	1	8.79 ± 0.64 ^c	2.95 ± 0.37 ^c	0.30 ± 0.05 ^c	119
		6	2	6.37 ± 0.50 ^c	4.24 ± 0.42 ^c	0.85 ± 0.10 ^c	
		6	4	4.70 ± 0.49 ^c	3.10 ± 0.39 ^c	1.14 ± 0.26 ^c	
		6	6	4.70 ± 0.57 ^c	2.65 ± 0.35 ^c	0.74 ± 0.18 ^c	
Tobramycin	150 mg IM × 1 or more doses	5	6	4.1 ± 1.5	5.3 ± 2.9	1.4 ± 0.8	120
	300 mg IM × 1 or more doses	5	6	4.3 ± 2.4	5.5 ± 2.1	1.6 ± 0.6	120
	IV doses adjusted to achieve serum C _{max} ~8 μg/mL and C _{min} <2 μg/mL while maintaining q8h dosing interval ^d	4	0.5 ^e	6.90 ± 1.44	2.33 ± 0.50	0.30 ± 0.03	121
		4	2 ^e	4.08 ± 1.30	1.67 ± 0.60	0.42 ± 0.16	
		4	4 ^e	2.14 ± 0.85	1.62 ± 1.19	0.64 ± 0.37	
		4	8 ^e	0.79 ± 0.38	0.77 ± 0.38	1.53 ± 0.76	
	7–10 mg/kg IV 30 min infusion q24h ^e	12	1	22.4 ± 5.9	2.7 ± 0.7	0.119 ± 0.019	122
	300 mg inhalation × 1 dose	12	NA	NA	90 ± 54	NA	123
Netilmicin	450 mg IV 30 min infusion × 1 dose	5	1	21.4 ± 1.19 ^c	7.5 ± 1.0 ^c	NR	124
		5	1.5	15.3 ± 0.85 ^c	9.6 ± 0.3 ^c	NR	
		5	2	12.0 ± 0.71 ^c	14.7 ± 2.2 ^c	NR	
		5	3	8.3 ± 0.64 ^c	9.3 ± 0.6 ^c	NR	

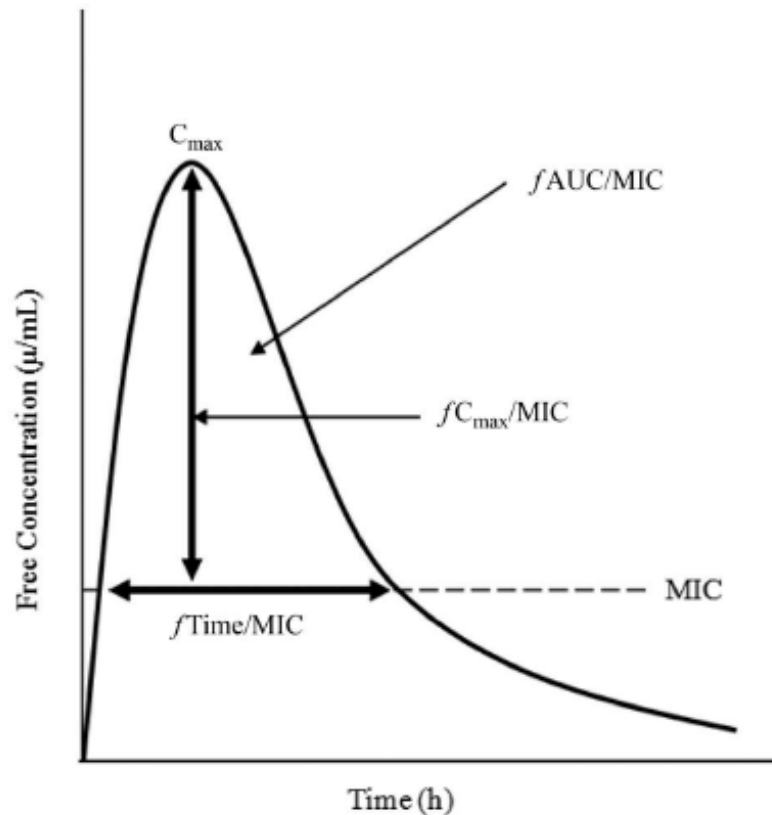
Penetration of Anti-Infective Agents into Pulmonary Epithelial Lining Fluid. Rodvold K.A et al. Clin Pharmacokinet 2011; 50: 637-664

Διεισδυτικότητα αντιβιοτικών στο Epithelial Lining Fluid

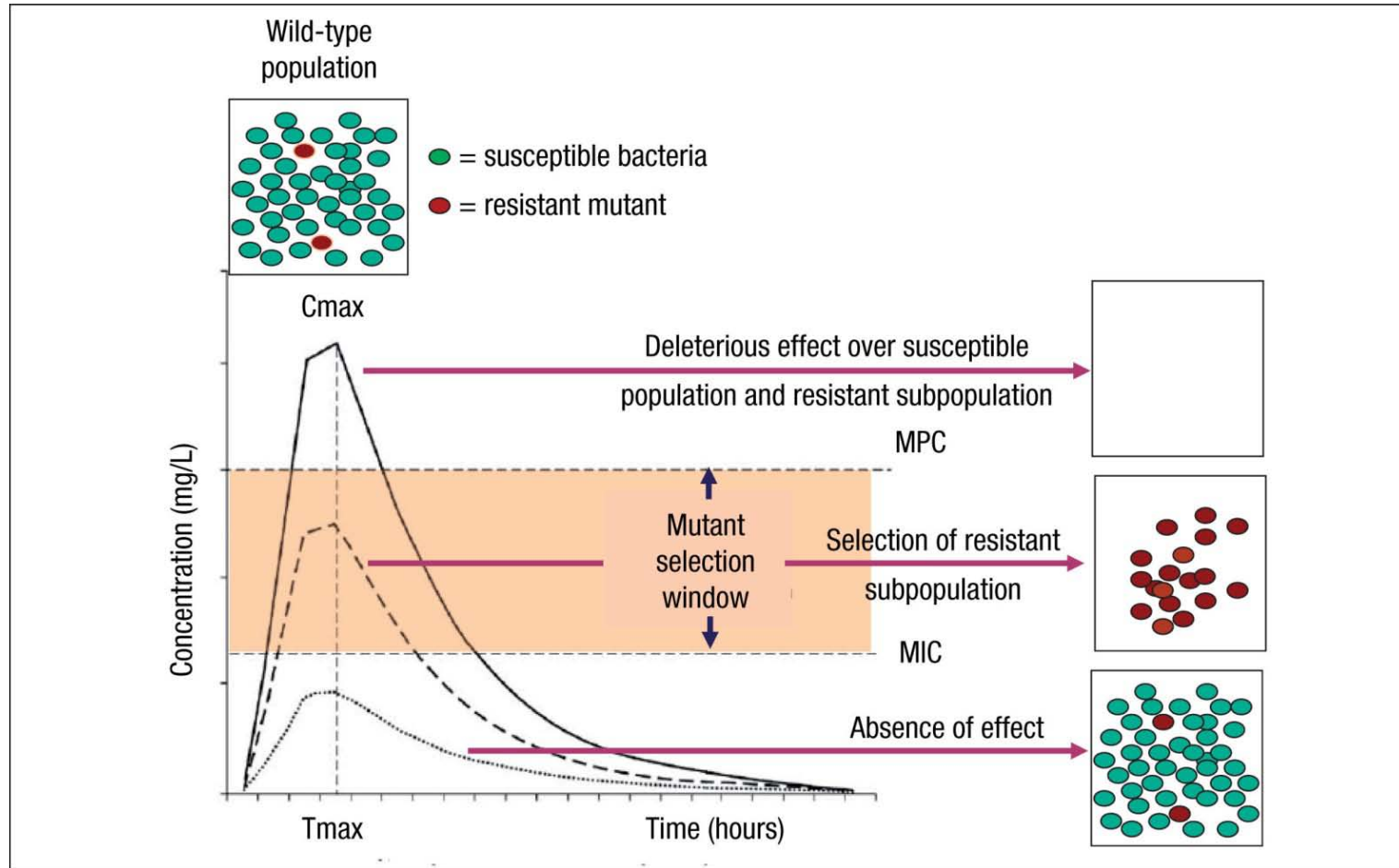
Table XII. Plasma and epithelial lining fluid (ELF) concentrations of linezolid, tigecycline and iclaprim

Antibacterial agent	Dosage regimen	Subjects (n)	Sampling time (h) ^a	Plasma concentration (μg/mL) ^b	ELF concentration (μg/mL) ^b	ELF/plasma penetration ratio ^b	Reference
Linezolid	600 mg PO bid × 5 doses	5	4	15.5 ± 4.9	64.3 ± 33.1	4.2 ± 1.4	135
		5	8	8.9 ± 3.2	31.4 ± 33.0	3.1 ± 2.2	
		5	12	10.2 ± 2.3	24.3 ± 13.3	2.4 ± 1.2	
		5	24	1.8 ± 0.6	7.6 ± 6.0	3.9 ± 2.3	
		5	48	0.2 ± 0.2	0.7 ± 0.8	2.3 ± 1.6	
	600 mg PO bid × 6 doses	10	5.10 ± 2.01 ^b	13.40 ± 3.92	25.09 ± 14.59	8.35 ± 11.69	136
	600 mg IV 1 h infusion × 2 d	16	2 ^c	17.7 ± 4.0	14.4 ± 5.6	1.05 ± 0.34	137
		16	12 ^c	2.4 ± 1.2	2.6 ± 1.7	1.04 ± 0.28	
Tigecycline	100 mg IV 30 min infusion × 1 dose, then 50 mg IV 30 min infusion q12h × 7 doses	5	2 ^c	0.19 ± 0.06	0.19 ± 0.15	NR	138
		5	3 ^c	0.15 ± 0.05	0.12 ± 0.21	NR	
		5	4 ^c	0.16 ± 0.07	0.06 ± 0.13	NR	
		5	6 ^c	0.12 ± 0.06	0.37 ± 0.36	NR	
		5	12 ^c	0.10 ± 0.09	0.10 ± 0.17	NR	
		5	24 ^c	0.05 ± 0.01	0.00 ± 0.00	NR	
Iclaprim	1.6 mg/kg IV 1 h infusion × 1 dose	8	1.97 ± 0.08 ^{bc}	0.59 ± 0.18	12.61 ± 7.33	21.29 ± 11.18	139
		8	3.57 ± 0.30 ^{bc}	0.24 ± 0.05	6.38 ± 5.17	24.93 ± 16.53	
		8	6.50 ± 0.29 ^{bc}	0.14 ± 0.05	2.66 ± 2.08	20.57 ± 17.31	

Δοσοεξαρτώμενα και χρονοεξαρτώμενα αντιβιοτικά



Η υποδοσολογία οδηγεί στην ανάπτυξη αντοχής



Inappropriate use of antibiotics in hospitals: the complex relationship between antibiotic use and antimicrobial resistance. Cantón R, et al. *Enferm Infecc Microbiol Clin*. 2013 Sep;31 Suppl 4:3-11

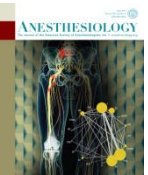
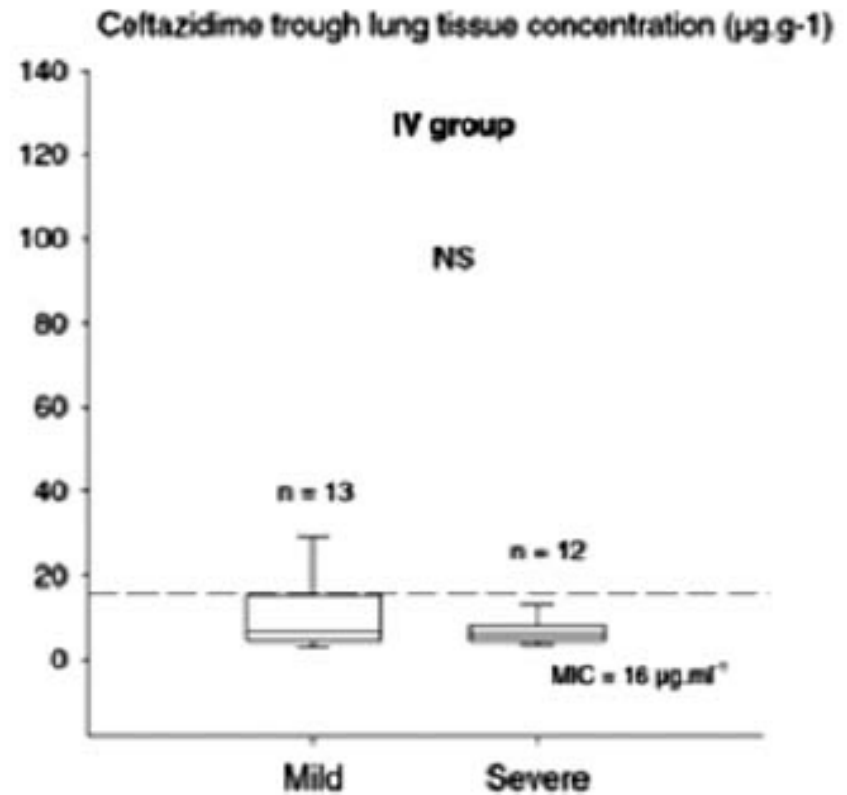
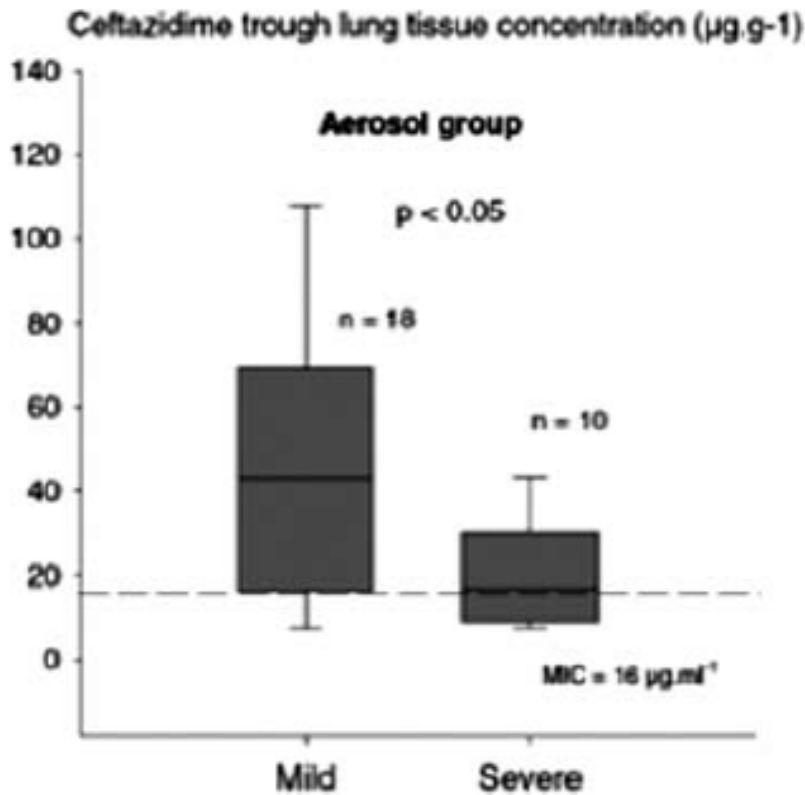
AUC ενδοφλέβια χορηγούμενων αντιβιωτικών στο ELF

Antibiotic	C_{el}/C_s	C_{cell}/C_s	C_{el}/C_u	C_{cell}/C_u	AUC_{el}/AUC_s	AUC_{cell}/AUC_s	AUC_{el}/AUC_u	AUC_{cell}/AUC_u	Reference(s)
Beta-lactams									
Amoxicillin	0.13	0.00	0.16	0.00					34
Cefdinir	0.12	0.00	0.35	0.00					32
Cefdinir	0.15	0.00	0.44	0.00					32
Meropenem					0.28	0.25	0.28	0.26	22
Meropenem					0.43	0.15	0.44	0.15	22
Macrolides									
Azithromycin	6.30–31.33	738.00–6,841.33	8.18–62.67	932.47–13,682.67	13.31	2,284.69	20.83	3,574.83	15
Azithromycin	12.63–24.40	533.75–1,010.00	19.73–48.80	833.98–2,020.00	21.29	748.46	34.95	1,228.54	88
Azithromycin	2.53–57.78	415.73–9,806.45	3.28–115.56	539.91–19,612.90	24.10	3,234.81	34.01	4,564.69	77
Azithromycin	4.60–20.43	1,756.49–5,242.86	5.60–26.53	2,142.06–6,808.91	5.59	1,828.54	8.87	3,320.07	87
Clarithromycin	5.17	94.12	25.83	470.58					53, 86
Clarithromycin	12.38–20.00	141.94–432.17	61.89–100.00	709.68–2,160.87	15.42	191.18	77.11	955.88	86, 88
Clarithromycin	13.32–60.75	98.73–721.40	66.59–303.75	493.65–3,607.00	30.27	248.47	151.36	1,242.34	21, 86
Clarithromycin	10.34–25.29	444.94–2,131.58	51.70–126.43	2,224.68–10,657.89	15.33	626.31	76.65	3,131.54	80, 86
Clarithromycin	39.60	181.00	198.00	905.00					19, 86
Clarithromycin	4.13–38.97	169.33–657.69	20.65–194.87	846.67–3,288.46	8.34	217.55	41.71	1,087.73	44
Telithromycin	4.83–14.91	42.98–418.18	16.08–49.70	143.27–1,393.94	6.44	124.92	21.48	416.42	72
Telithromycin	5.38–6.65	36.39–154.60	17.94–22.16	121.29–515.33					57
Telithromycin	8.01–14.22	37.27–2,019.63	26.68–47.39	124.23–6,732.08	9.23	338.47	30.76	1,128.24	60
Telithromycin	2.27–6.27	48.94–240.27	7.57–20.91	163.15–800.91	3.15	84.18	10.49	280.62	78
Cethromycin	7.50–20.00	67.50–317.50	75.00–200.00	675.00–3,175.00	12.64	178.27	126.39	1,782.71	27
Cethromycin	7.11–10.00	90.40–670.00	71.05–100.00	904.00–6,700.00	7.87	207.43	78.74	2,074.34	27
Fluoroquinolones									
Ciprofloxacin	0.00–0.89	12.36–28.75	0.00–1.27	17.66–41.07	0.82	15.62	1.174	22.31	45
Ciprofloxacin	0.90	2.32	1.29	3.31					91
Ciprofloxacin	1.85	7.7	2.64	11.00					97
Ciprofloxacin	2.13	11.84	3.04	16.91					9
Cinoxacin	1.77	10.20	1.86	10.73					51
Garenoxacin	0.92–1.65	10.58–18.27	3.67–6.59	42.33–73.09	1.34	13.89	5.38	55.57	3
Garifloxacin	1.51–1.75	17.51–36.67	1.89–2.19	21.89–45.84	1.77	24.94	2.21	31.17	52
Cinepalloracin	10.49–14.88	99.96–268.65	15.35–29.76	199.92–537.30	12.03	175.75	24.05	351.50	33
Levofloxacin	1.49–3.00	5.38–6.14	2.29–4.61	8.27–9.45	2.08	5.90	3.20	9.07	15
Levofloxacin	1.17–2.10	11.95–23.00	1.80–3.24	18.39–35.38	1.94	15.71	2.99	24.16	45
Levofloxacin	0.86–2.26	8.77–8.94	1.32–3.48	13.50–13.75	1.90	8.83	2.92	13.59	45
Levofloxacin	0.80–3.00	4.00–9.60	1.23–4.62	6.15–14.77	2.15	7.23	3.30	11.13	5
Levofloxacin	1.53–2.58	11.23–17.70	2.36–3.97	17.27–27.23	1.75	12.82	2.69	19.72	87
Levofloxacin	1.72–2.06	12.47–22.22	2.64–3.17	19.19–34.18	1.59	14.44	2.45	22.22	87
Levofloxacin					2.69	4.90	4.14	7.54	28
Lomefloxacin	1.86	20.47	2.07	22.74					9
Monifloxacin	5.18–7.00	17.61–70.39	9.58–12.96	32.61–130.36	5.18	13.59	9.59	25.16	93
Monifloxacin	3.61–7.32	14.76–55.77	6.54–13.56	27.33–103.28	4.92	27.33	9.11	50.61	15
Pefloxacin	13.10–13.44	13.78–18.69	17.46–17.91	18.37–24.92					79
Rufloxacin	5.08–11.67	9.97–27.17	12.71–29.17	24.93–67.92	7.66	21.55	19.14	53.88	99
Sparfloxacin	8.17–17.00	42.63–126.33	13.61–28.33	71.04–210.56	12.60	61.24	21.00	102.07	100
Sparfloxacin	12.50	44.75	20.83	74.58					100
Sparfloxacin	19.27–65.71	29.18–71.63	32.12–109.52	48.64–119.39	31.93	40.71	53.22	67.85	91
Temafloxacin	3.13	5.7	4.22	7.70					97
Temafloxacin	3.06	8.83	4.14	11.91					8
Trovafloxacin	2.16–5.53	13.32–22.55	16.62–42.54	102.46–173.46	3.65	17.55	28.09	135.01	4
Trovafloxacin	5.85	24.10	45.00	185.38					4
Others									
Pyrazinamide	13.60–24.76	0.49–1.09	27.20–49.51	0.98–2.17					20
Ethionamide	6.57–10.33	0.33–0.71	9.39–14.76	0.48–1.02					30
Linezolid	2.38–4.22	0.11–0.17	3.45–6.12	0.16–0.24	3.29	0.15	4.77	0.22	26
Linezolid	8.35	0.71	12.10	1.03					54
Itraconazole	0.14–0.56	2.33–5.44	14.29–55.56	233.33–544.44	0.22	2.94	21.51	293.60	25
Tigecycline					1.32	77.46	5.27	309.83	23
Rifampin	0.17–0.31	0.71–1.50	0.83–1.56	3.54–7.50					18
Rifampin	0.34	16.26	1.70	81.30					103
Ethambutol	0.92–1.13	19.17–48.24	1.22–1.51	25.56–64.31					26
Isoniazid fast acetylator	1.74–5.88	1.48–13.42	1.74–5.88	1.48–13.42					29
Isoniazid slow acetylator	1.37–5.69	0.74–4.40	1.37–5.69	0.74–4.40					29
Rifapentine	0.14–0.24	0.18–0.38	6.14–10.60	7.67–16.35	0.21	0.26	9.28	11.12	31

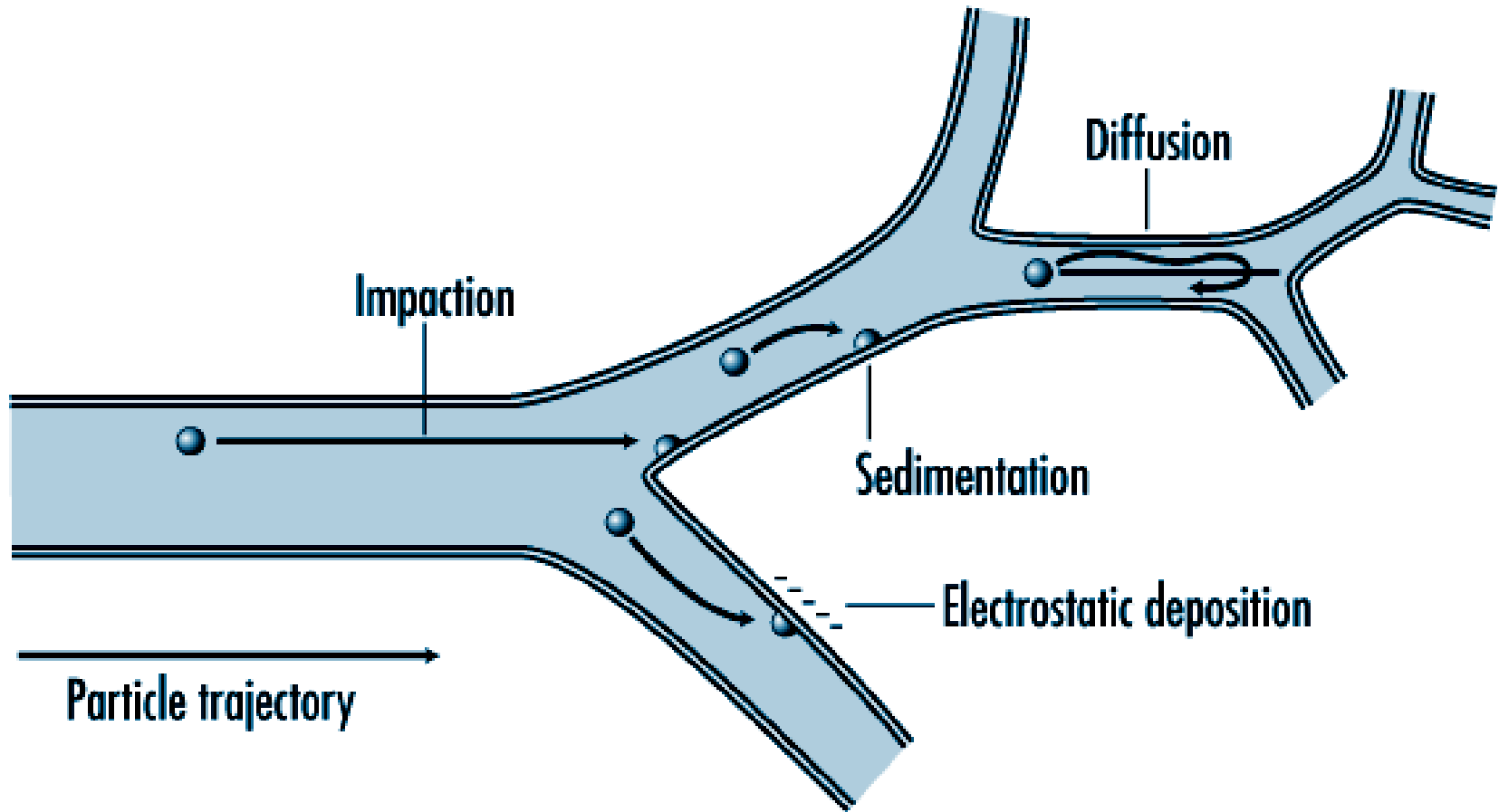
* C_s , serum concentration; C_u , free serum concentration; AUC_u , area under the concentration-time curve in serum.

Interpretation of Antibiotic Concentration Ratios Measured in Epithelial Lining Fluid. Kiem S et al. Antimicrob Agents and Chemother, Jan 2008; 24-36

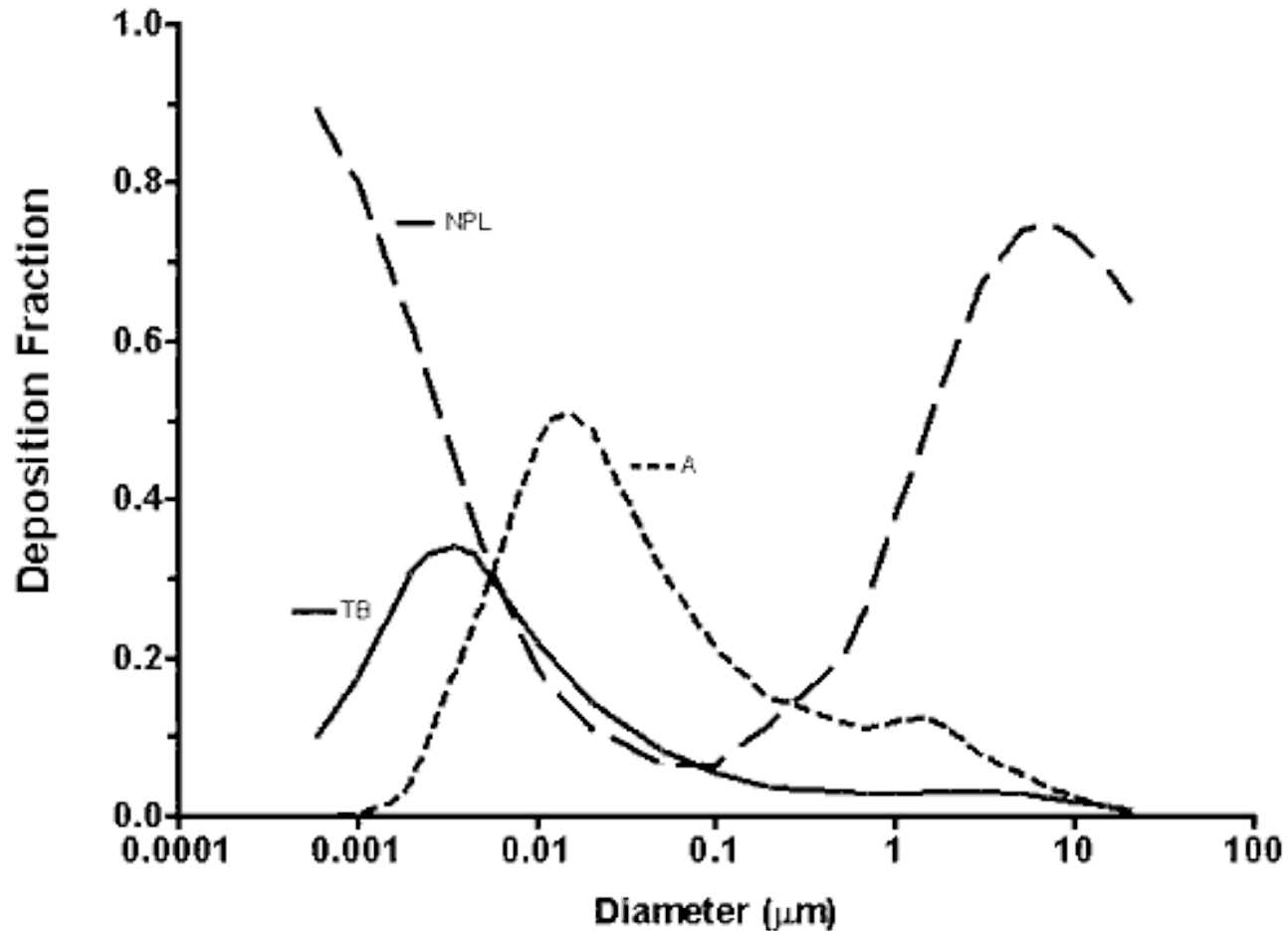
Συγκέντρωση στον πνεύμονα εισπνεόμενης vs. ενδοφλέβιας χορηγούμενης Κεφταζιδίμης σε μοντέλο χοίρου



Τρόποι εναπόθεσης σωματιδίων στους πνεύμονες

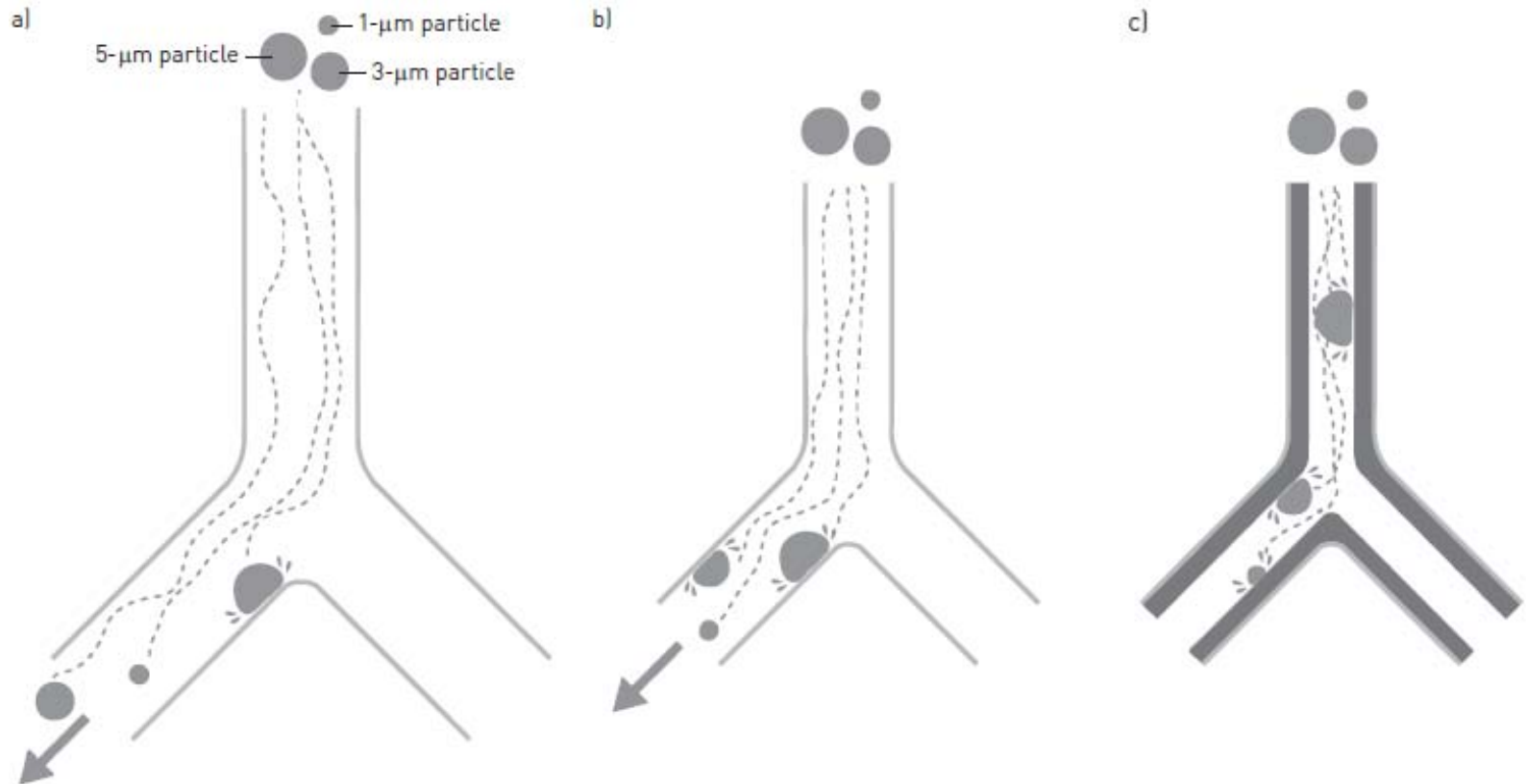


Το σημείο εναπόθεσης σχετίζεται με την διάμετρο των σωματιδίων

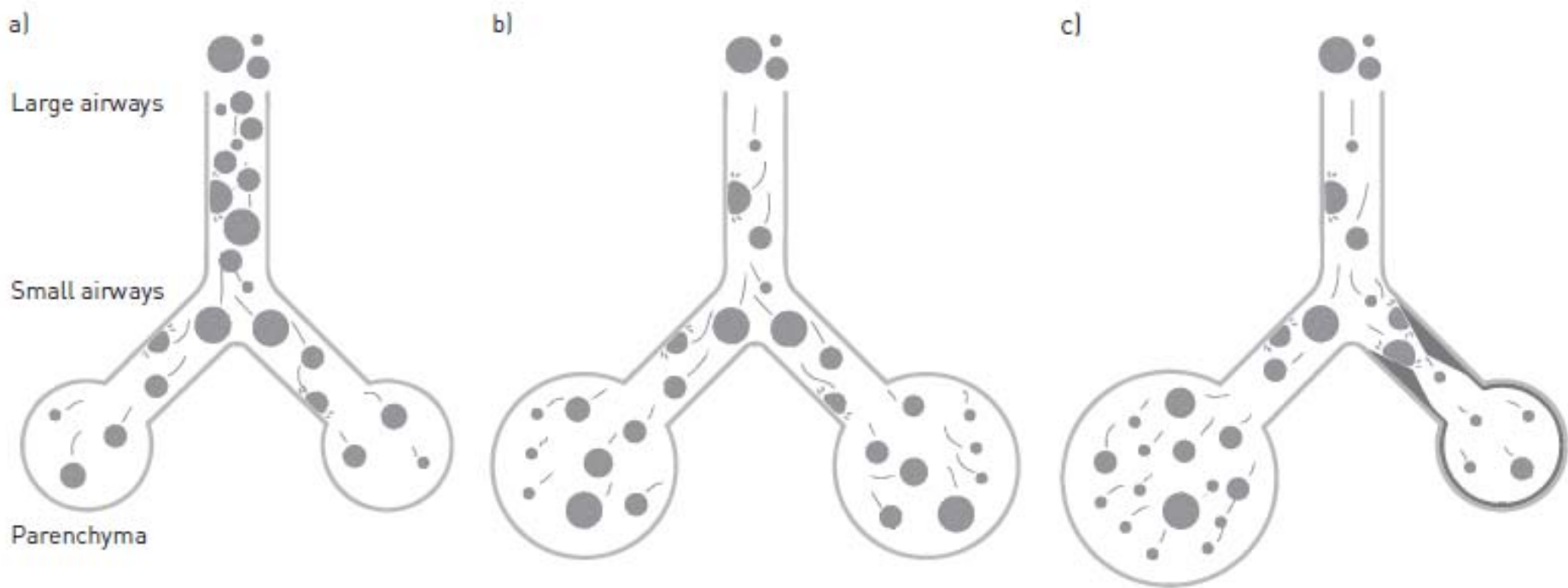


A = Alveolar; TB = Tracheobronchial; NPL = Nasal, Pharyngeal, Laryngeal

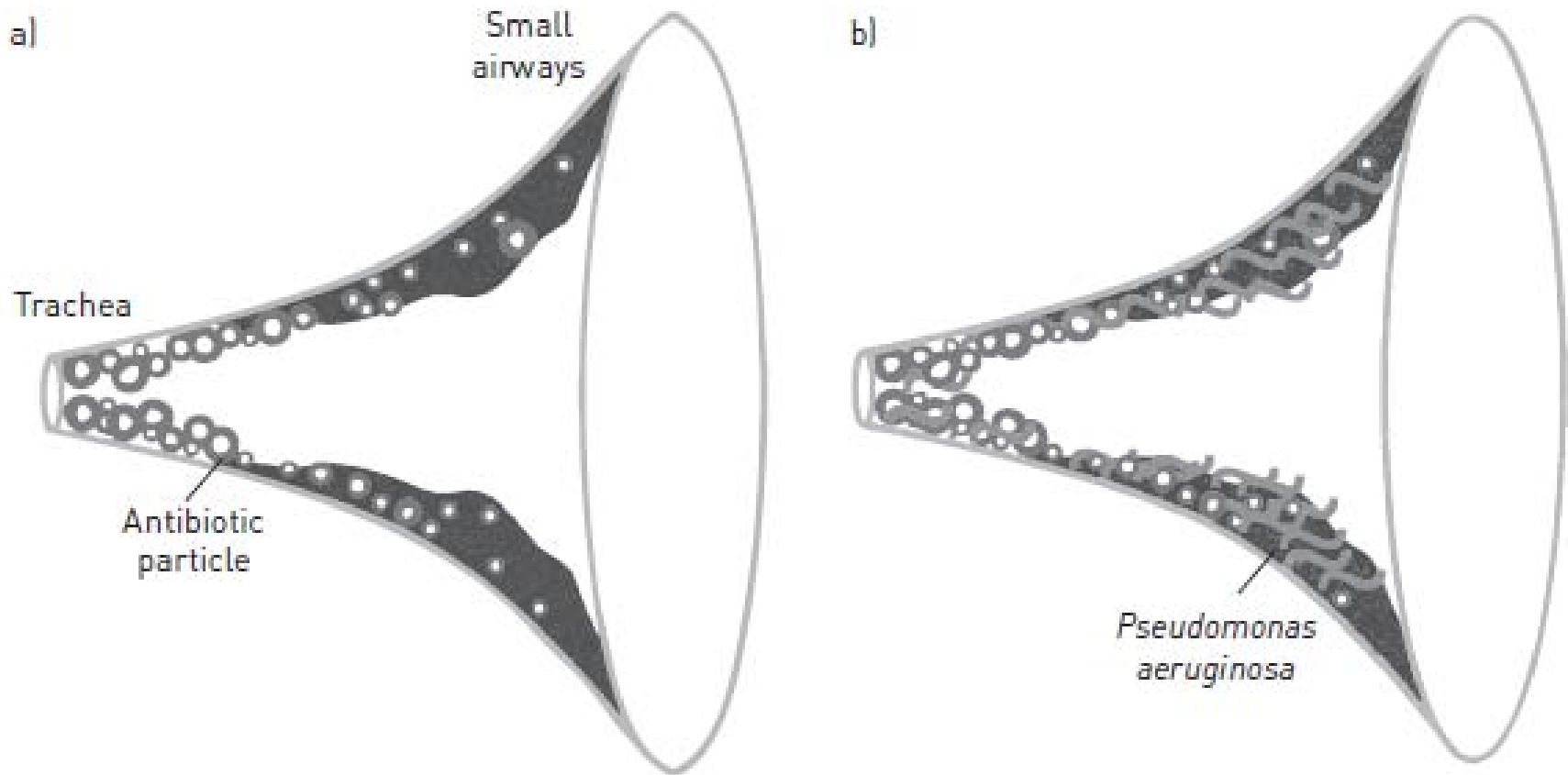
Η βαρύτητα της νόσου επηρεάζει το σημείο εναπόθεσης των σωματιδίων



Η βαρύτητα της νόσου επηρεάζει το σημείο εναπόθεσης των σωματιδίων



Το μεγαλύτερο ποσοστό των σωματιδίων καταλήγει στους μεγάλους αεραγωγούς



American Thoracic Society Documents

Guidelines for the Management of Adults with Hospital-acquired, Ventilator-associated, and Healthcare-associated Pneumonia

THIS OFFICIAL STATEMENT OF THE AMERICAN THORACIC SOCIETY AND THE INFECTIOUS DISEASES SOCIETY OF AMERICA WAS APPROVED BY THE ATS BOARD OF DIRECTORS, DECEMBER 2004 AND THE IDSA GUIDELINE COMMITTEE, OCTOBER 2004

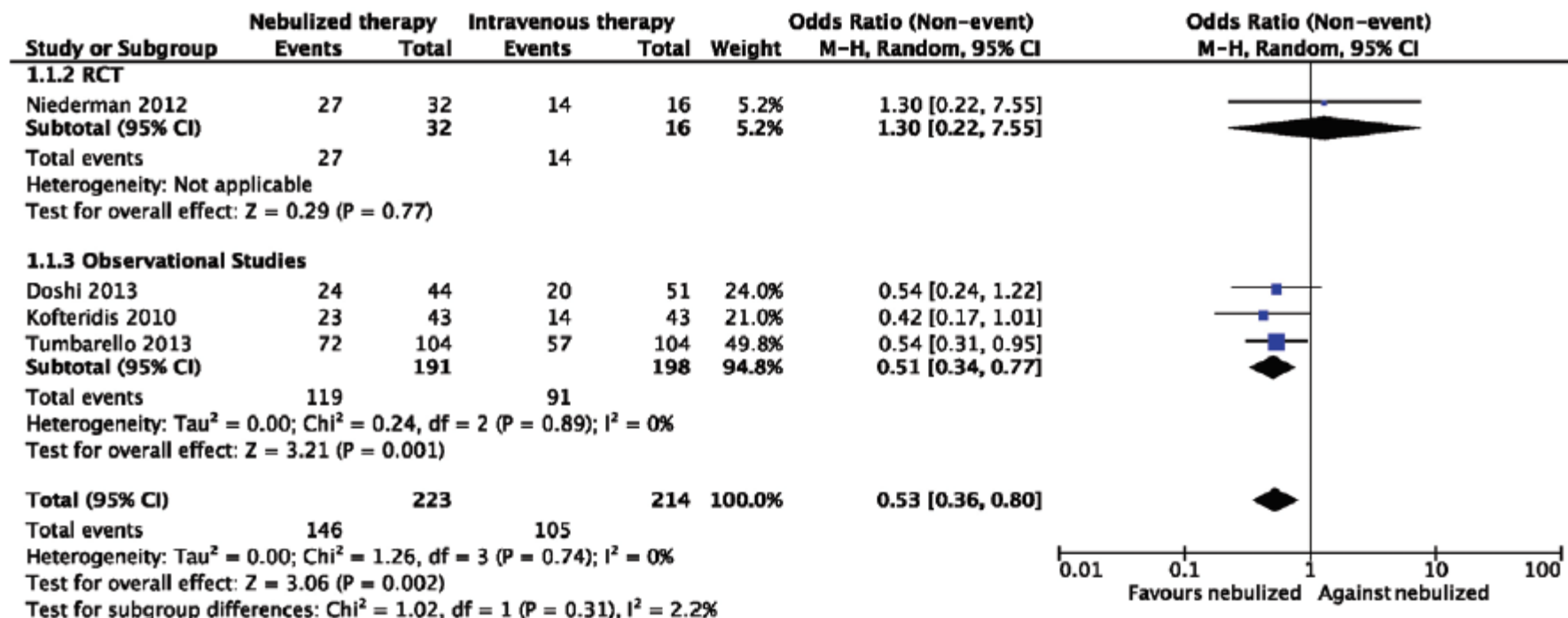
The committee believed that further investigation into the use of aerosolized antibiotics is warranted.

Study and Year	Country	Characteristics	No. of Patients	Infection	Device	Administration Strategy
Randomized controlled trials						
Palmer <i>et al.</i> 2008 ³⁴	USA	Phase III study, double-blinded, placebo-controlled, single center	43	VAT, mixed susceptibility	Jet nebulizer	
Palmer and Smaldone 2014 ³⁵	USA	Phase III study, double-blinded, placebo-controlled, single center	47	VAT, mixed susceptibility	Jet nebulizer	
Niederman <i>et al.</i> 2012 ³⁶	USA, France, Spain	Phase II study, double-blinded, placebo-controlled, parallel group, multicentric	67	VAP, resistant pathogens	Vibrating-mesh nebulizer (PDDS Clinical®, Nektar Therapeutics, USA)	Adjunctive strategy
Lu <i>et al.</i> 2011 ²⁶	France	Phase II study, single center	46	VAP, susceptible pathogens	Vibrating-mesh nebulizer	Substitution strategy
Hallal <i>et al.</i> 2007 ⁴¹	USA	Phase III study, double-blinded, pilot study, single center	10	VAP†	Jet nebulizer	Substitution strategy*
Rattanaumpawan <i>et al.</i> 2010 ⁴²	Thailand	Phase III study, open label, single center	102	VAP†	Jet and ultrasonic nebulizers	Adjunctive strategy*
Observational trials						
Ghannam <i>et al.</i> 2009 ⁴⁰	USA	Matched case-control study, retrospective, single center	32	VAP, resistant pathogens	Jet nebulizer	Substitution strategy
Kofteridis <i>et al.</i> 2010 ³⁷	Greece	Matched case-control study (ratio 1:1), retrospective, single center	86	VAP, resistant pathogens	Vibrating-mesh nebulizer (information obtained after contacting the author)	Adjunctive strategy
Doshi <i>et al.</i> 2013 ³⁸	USA	Cohort analysis, retrospective, multicentric	95	VAP, resistant pathogens	Jet nebulizer (in two centers), vibrating-mesh nebulizer (in one center)	Adjunctive strategy
Tumbarello <i>et al.</i> 2013 ³⁹	Italy	Matched case-control study (ratio 1:1), retrospective, single center	208	VAP, resistant pathogens	Jet and ultrasonic nebulizers indistinctively	Adjunctive strategy
Arnold <i>et al.</i> 2012 ⁴³	USA	Cohort study, retrospective, single center	90	VAP†	Not defined but they specified using a nebulizer generating optimal droplet sizes (1–5 µm)	Adjunctive strategy*

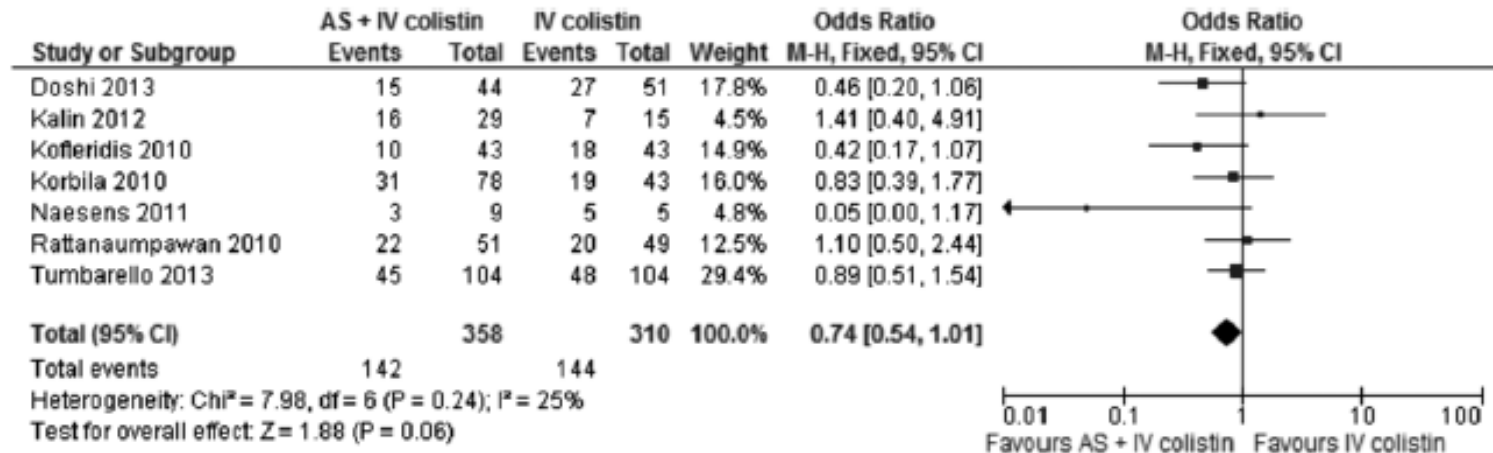
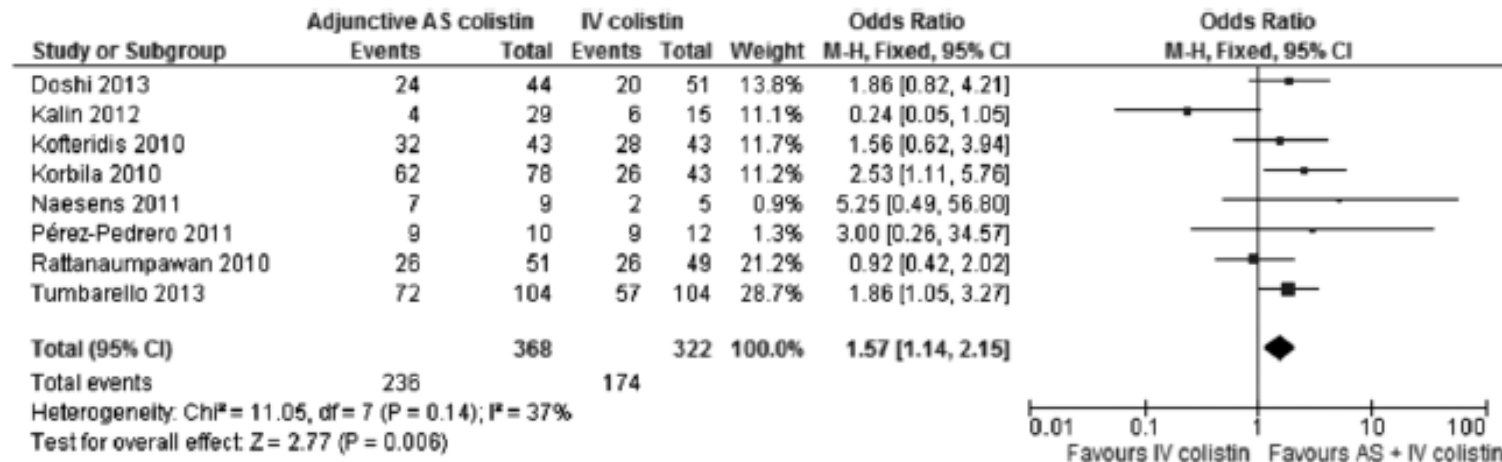
Nebulization of Antiinfective Agents in Invasively Mechanically Ventilated Adults: A Systematic Review and Meta-analysis. Solé-Lleonart C, et al. *Anesthesiology*. 2017 May;126(5):890-908



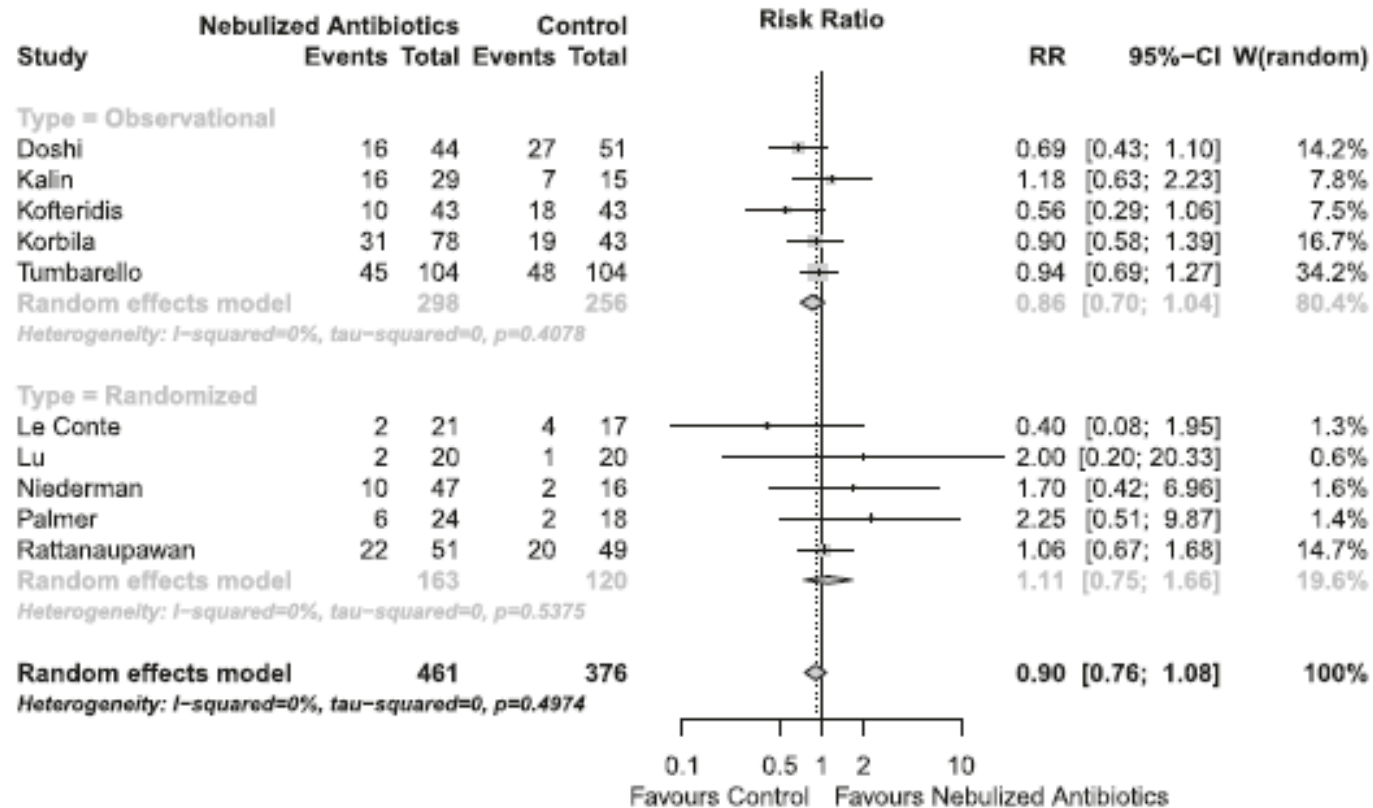
Κλινική βελτίωση σε MDR - VAT



Κλινική ανταπόκριση και Θνησιμότητα - VAP



Θνησιμότητα και VAP



Forest plot for mortality. *P* for overall effect = 0.252. CI, confidence interval; RR, relative risk.

Θνησιμότητα και VAP

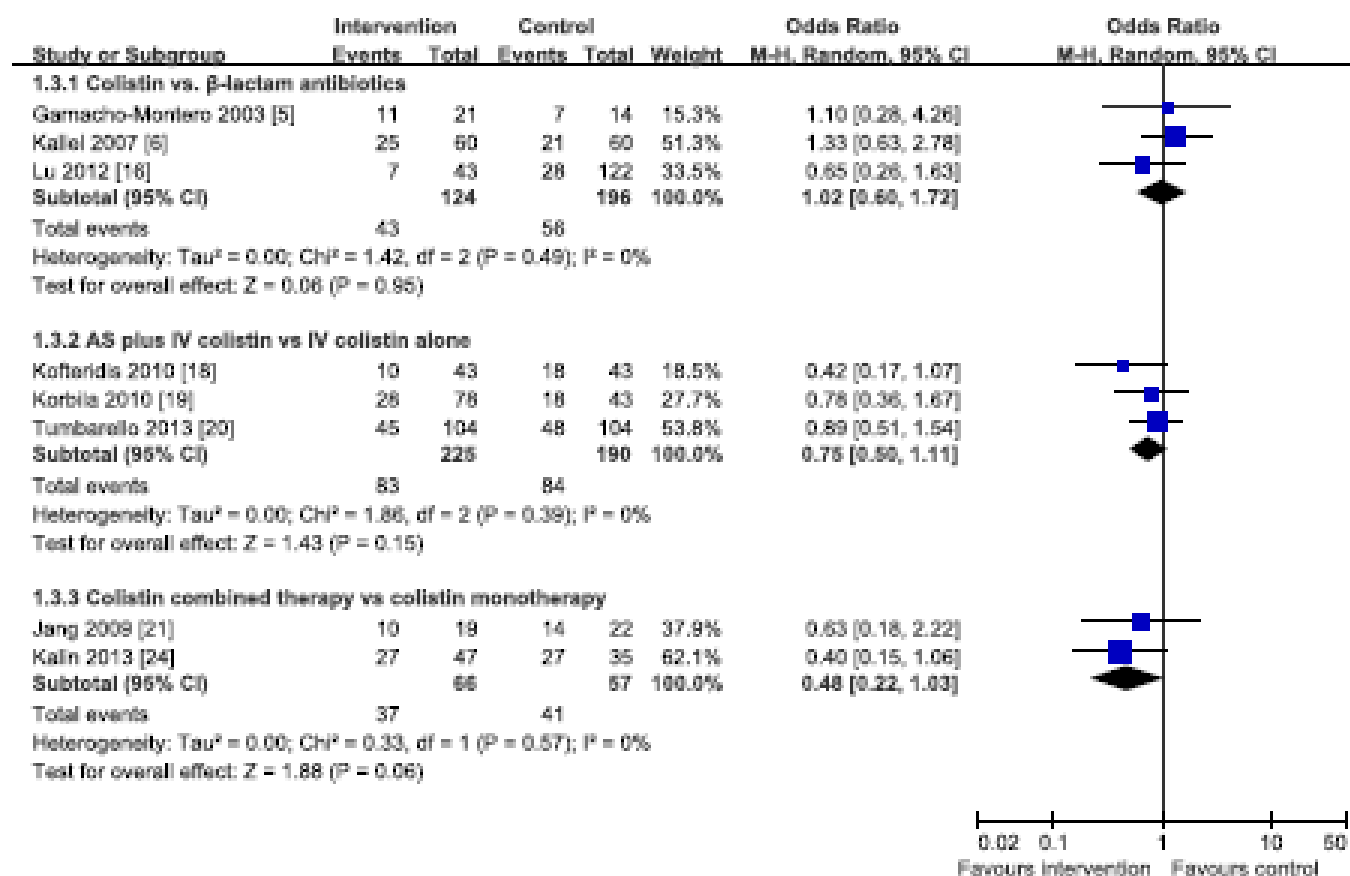
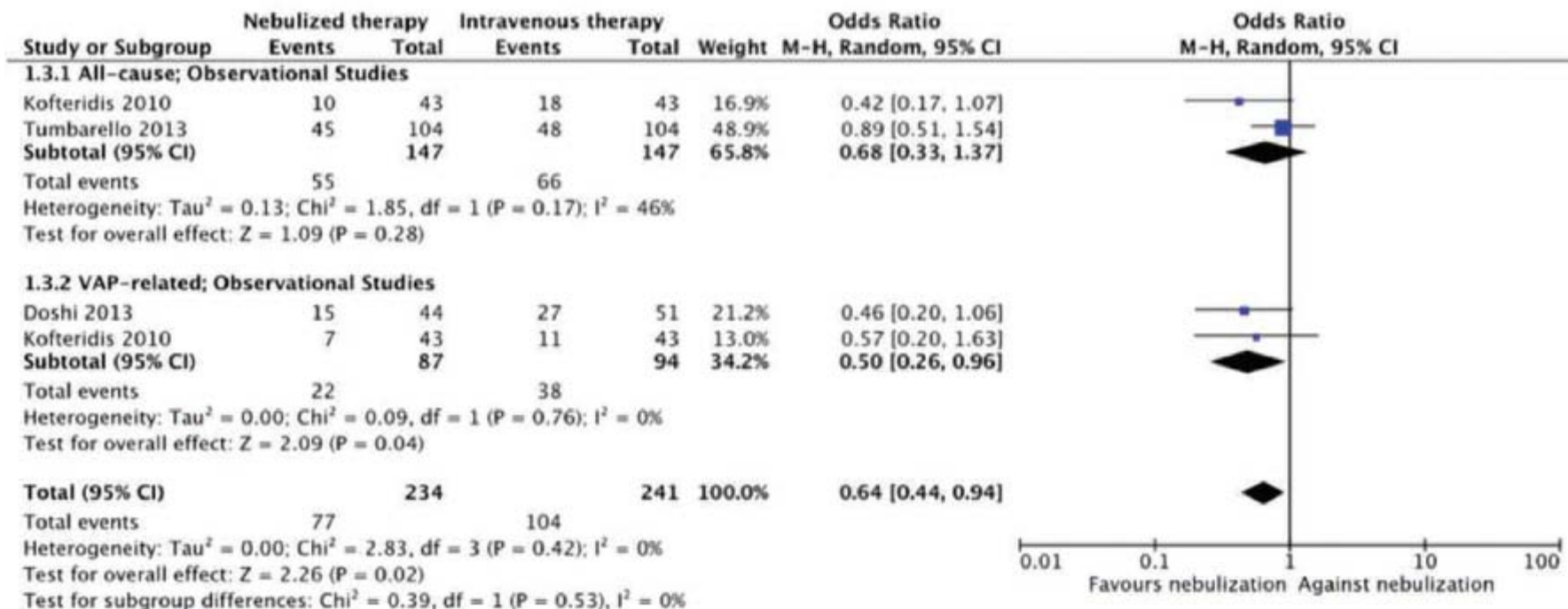


Fig. 4. Forest plot depicting intensive care unit mortality. AS, aerosolised; IV, intravenous.

Θνησιμότητα σε MDR - VAP



Νεφροτοξικότητα

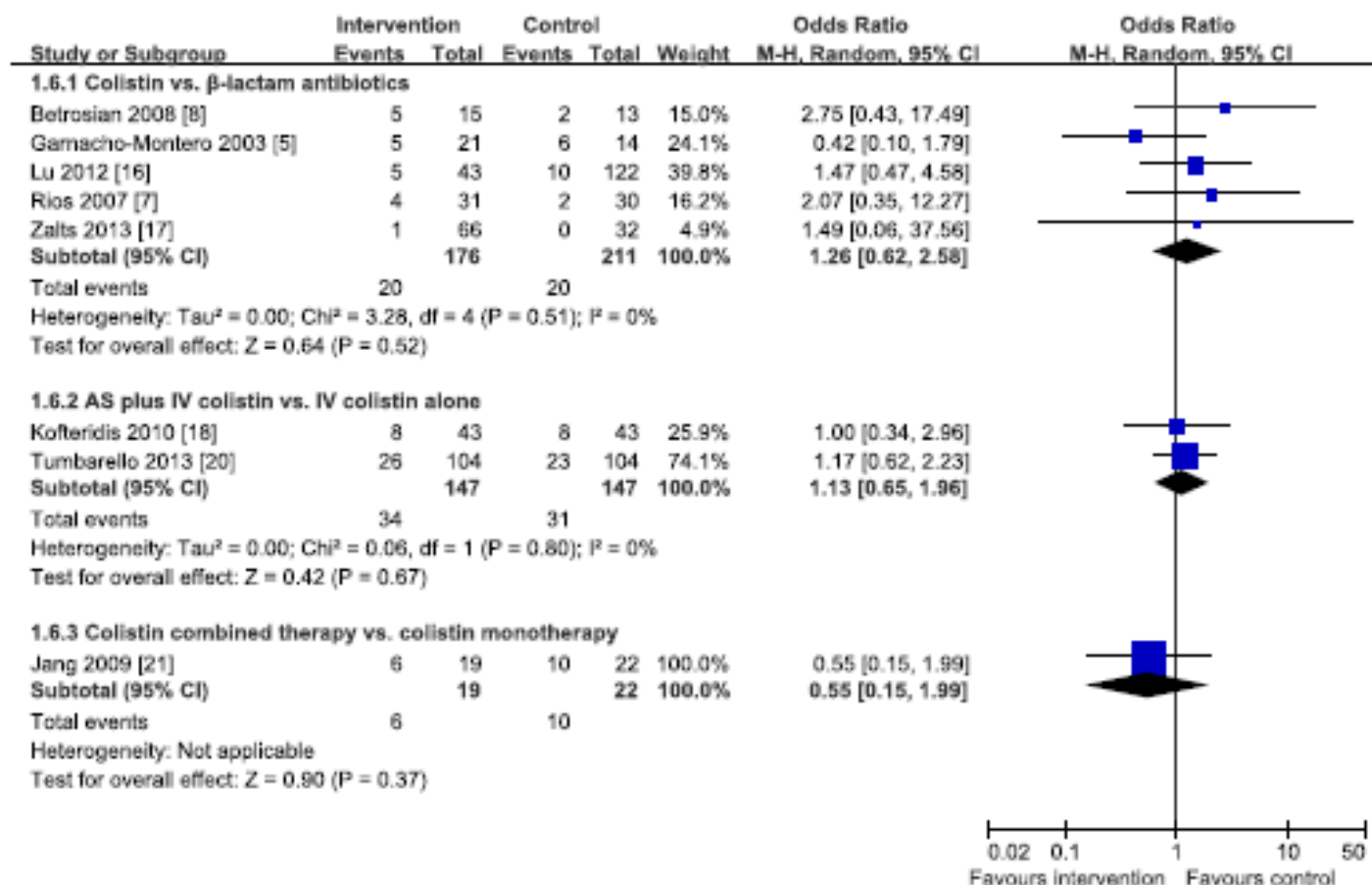
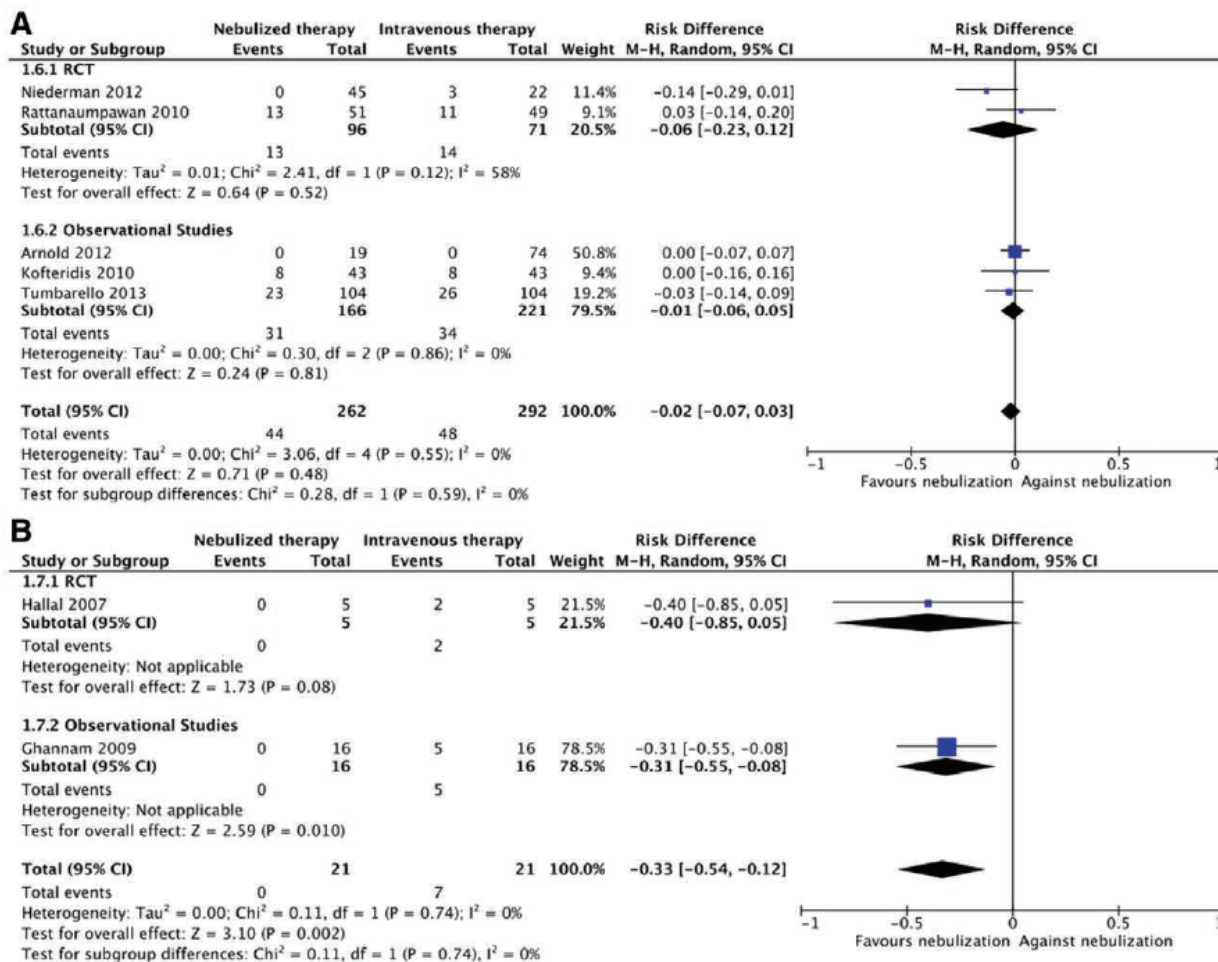


Fig. 7. Forest plot depicting nephrotoxicity. AS, aerosolised; IV, intravenous.

Gu WJ, et al. Colistin for the treatment of ventilator-associated pneumonia caused by multidrug-resistant Gram-negative bacteria: a systematic review and meta-analysis. *Int J Antimicrob Agents*. 2014; 44(6):477-85

Νεφροτοξικότητα



Nebulization of Antiinfective Agents in Invasively Mechanically Ventilated Adults: A Systematic Review and Meta-analysis. Solé-Lleonart C, et al. Anesthesiology. 2017 May;126(5):890-908





Colistin for the treatment of ventilator-associated pneumonia caused by multidrug-resistant Gram-negative bacteria: A systematic review and meta-analysis



Wan-Jie Gu^a, Fei Wang^b, Lu Tang^b, Jan Bakker^c, Jing-Chen Liu^{a,*}

Based on the current evidence, colistin appears as effective and safe as β -lactam antibiotics for the treatment of MDR GNB VAP. AS colistin may be a beneficial adjunct to IV colistin in the management of MDR GNB VAP. Colistin combined therapy does not appear to provide better outcomes compared with colistin monotherapy. However, as these findings largely relied on data from observational studies, selection bias seems unavoidable, and therefore RCTs are needed to further confirm the role of colistin in the treatment of MDR GNB VAP.



RESEARCH**Open Access**

Nebulized antibiotics for ventilator-associated pneumonia: a systematic review and meta-analysis

Fernando G Zampieri^{1,2,3*†}, Antonio P Nassar Jr^{1,2,4†}, Dimitri Gusmao-Flores^{1,5,6}, Leandro U Taniguchi^{2,7}, Antoni Torres⁸ and Otavio T Ranzani^{1,8,9,10}

Nebulized antibiotics might be useful for the treatment of VAP; however, the available evidence is of low quality and is highly heterogeneous. The apparent benefit in the clinical cure rate observed in traditional meta-analyses does not persist after TSA. Further high-quality trials in this subject are therefore warranted.



The use of inhaled antibiotic therapy in the treatment of ventilator-associated pneumonia and tracheobronchitis: a systematic review

Christopher J. Russell^{1,2*} , Mark S. Shiroishi³, Elizabeth Siantz⁶, Brian W. Wu⁴ and Cecilia M. Patino⁵

This systematic review found insufficient evidence for the use of inhaled antibiotic therapy as primary or adjuvant treatment of VAP or VAT. Given the variations in study protocols, antibiotics studied and vague definition of clinical cure as an outcome measure, additional, adequately powered randomized-controlled trials with strict definitions of outcome assessments and use of previously validated nebulizer delivery methods for antibiotic administration are needed to assess the efficacy of inhaled antibiotic therapy for VAP and VAT.



Nebulization of Antiinfective Agents in Invasively Mechanically Ventilated Adults

A Systematic Review and Meta-analysis

Candela Solé-Lleonart, M.D., Jean-Jacques Rouby, M.D., Ph.D., Stijn Blot, R.N., Ph.D., Garyfallia Poulakou, M.D., Jean Chastre, M.D., Lucy B. Palmer, M.D., Matteo Bassetti, M.D., Ph.D., Charles-Edouard Luyt, M.D., Ph.D., Jose M. Pereira, M.D., Jordi Riera, M.D., Ph.D., Tim Felton, M.D., Jayesh Dhanani, F.C.I.C.M., M.D., Tobias Welte, M.D., Jose M. Garcia-Alamino, B.Sc., Jason A. Roberts, Ph.D., Jordi Rello, M.D., Ph.D.

In conclusion, our study shows that very limited evidence exists on the use of nebulized antibiotics in mechanically ventilated patients. Improvement in clinical resolution does not translate to improvements in other significant outcomes, which should be enclosed in further studies as predetermined outcomes.



Management of Adults With Hospital-acquired and Ventilator-associated Pneumonia: 2016 Clinical Practice Guidelines by the Infectious Diseases Society of America and the American Thoracic Society

Andre C. Kalil,^{1,a} Mark L. Metersky,^{2,a} Michael Klompas,^{3,4} John Muscedere,⁵ Daniel A. Sweeney,⁶ Lucy B. Palmer,⁷ Lena M. Napolitano,⁸ Naomi P. O'Grady,⁹ John G. Bartlett,¹⁰ Jordi Carratalà,¹¹ Ali A. El Solh,¹² Santiago Ewig,¹³ Paul D. Fey,¹⁴ Thomas M. File Jr,¹⁵ Marcos I. Restrepo,¹⁶ Jason A. Roberts,^{17,18} Grant W. Waterer,¹⁹ Peggy Cruse,²⁰ Shandra L. Knight,²⁰ and Jan L. Brozek²¹

ROLE OF INHALED ANTIBIOTIC THERAPY

XIV. Should Patients With VAP Due to Gram-Negative Bacilli Be Treated With a Combination of Inhaled and Systemic Antibiotics, or Systemic Antibiotics Alone?

Recommendation

1. For patients with VAP due to gram-negative bacilli that are susceptible to only aminoglycosides or polymyxins (colistin or polymyxin B), we suggest both inhaled and systemic antibiotics, rather than systemic antibiotics alone (*weak recommendation, very low-quality evidence*).

Values and Preferences: This recommendation places a high value on achieving clinical cure and survival; it places a lower value on burden and cost.

Remarks: It is reasonable to consider adjunctive inhaled antibiotic therapy as a treatment of last resort for patients who are not responding to intravenous antibiotics alone, whether the infecting organism is or is not MDR.



International ERS/ESICM/ESCMID/ALAT guidelines for the management of hospital-acquired pneumonia and ventilator-associated pneumonia

Antoni Torres^{1,16}, Michael S. Niederman^{2,16}, Jean Chastre³, Santiago Ewig⁴,
Patricia Fernandez-Vandellos⁵, Hakan Hanberger⁶, Marin Kollef⁷, Gianluigi Li Bassi¹,
Carlos M. Luna⁸, Ignacio Martin-Loeches⁹, J. Artur Paiva¹⁰, Robert C. Read¹¹,
David Rigau¹², Jean François Timsit¹³, Tobias Welte¹⁴ and Richard Wunderink¹⁵



Use of nebulized antimicrobials for the treatment of respiratory infections in invasively mechanically ventilated adults: a position paper from the European Society of Clinical Microbiology and Infectious Diseases

J. Rello ^{1, *, 15}, C. Solé-Lleonart ^{2, *, 15}, J.-J. Rouby ³, J. Chastre ⁴, S. Blot ⁵, G. Poulakou ⁶, C.-E. Luyt ³, J. Riera ⁷, L.B. Palmer ⁸, J.M. Pereira ^{9, 10}, T. Felton ¹¹, J. Dhanani ¹², M. Bassetti ¹³, T. Welte ¹⁴, J.A. Roberts ¹²

Recommendation

We suggest avoiding the use of nebulized antibiotics such as colistin or aminoglycosides, added to conventional IV antibiotic therapy already including IV colistin or aminoglycosides for the treatment of VAP caused by resistant pathogens as standard clinical practice.

Recommendation

We suggest avoiding the use of nebulized antibiotics such as colistin or aminoglycosides instead of their IV administration for the treatment of VAP caused by resistant pathogens as standard clinical practice.

Use of nebulized antimicrobials for the treatment of respiratory infections in invasively mechanically ventilated adults: a position paper from the European Society of Clinical Microbiology and Infectious Diseases

J. Rello ^{1, *, 15}, C. Solé-Lleonart ^{2, *, 15}, J.-J. Rouby ³, J. Chastre ⁴, S. Blot ⁵, G. Poulakou ⁶, C.-E. Luyt ³, J. Riera ⁷, L.B. Palmer ⁸, J.M. Pereira ^{9, 10}, T. Felton ¹¹, J. Dhanani ¹², M. Bassetti ¹³, T. Welte ¹⁴, J.A. Roberts ¹²

Recommendation

We recommend avoiding the use of nebulized antibiotics such as colistin or aminoglycosides, added to conventional IV antibiotic therapy already including IV colistin or aminoglycosides for the treatment of VAP caused by antibiotic-susceptible pathogens in clinical practice.

Recommendation

We suggest avoiding the use of nebulized antibiotics such as colistin or aminoglycosides instead of their IV administration for the treatment of VAP caused by antibiotic-susceptible pathogens in clinical practice.

Use of nebulized antimicrobials for the treatment of respiratory infections in invasively mechanically ventilated adults: a position paper from the European Society of Clinical Microbiology and Infectious Diseases

J. Rello ^{1, *, 15}, C. Solé-Lleonart ^{2, *, 15}, J.-J. Rouby ³, J. Chastre ⁴, S. Blot ⁵, G. Poulakou ⁶, C.-E. Luyt ³, J. Riera ⁷, L.B. Palmer ⁸, J.M. Pereira ^{9, 10}, T. Felton ¹¹, J. Dhanani ¹², M. Bassetti ¹³, T. Welte ¹⁴, J.A. Roberts ¹²

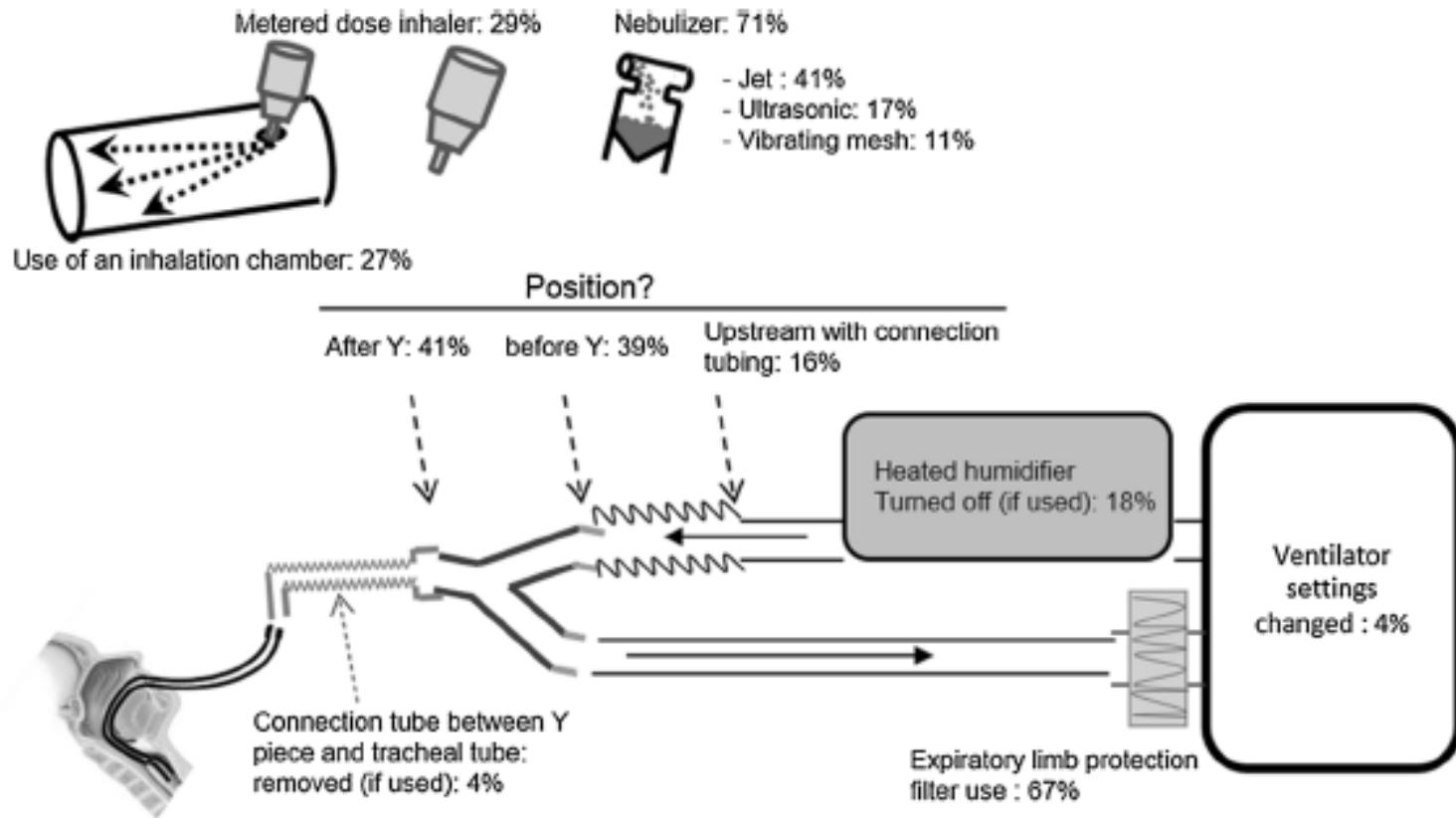
Recommendation

We suggest avoiding the use of nebulized antibiotics added to conventional IV antibiotic therapy for the treatment of patients with VAT in clinical practice.

Recommendation

We recommend avoiding the use of nebulized antibiotics as a single therapy, instead of conventional IV antibiotic therapy, for the treatment of patients with VAT in clinical practice.

Συνήθεις τρόποι χορήγησης Νεφελώματος



Ρυθμίσεις για Χορήγηση Νεφελώματος

Aerosol generator	Advantages	Drawbacks
Jet nebulizer	• Low cost. • Low dimension at bedside. • Single use. • Breath synchronized.	• Percentage of drug delivery into lungs (approximately 15% of initial dose). • Highly variable delivery, depending on gas source. • Interference of gas flow with flow delivered by ventilator. • Nonhomogeneous droplet diameter. • Long duration of nebulization.
Ultrasonic nebulizer	• Efficient delivery of drug into lungs (30–40% of initial dose). • Almost no interference in circuit (low flow containing aerosol particles does not interfere with flow delivered by ventilator). • High speed of drug delivery. • Easy to use.	• Nonhomogeneous droplet diameter (depending on amplitude and frequency of vibration). • Increase in antibiotic's temperature. • High cost. • Hygiene concerns (need to sterilize after use) • Large dimension at bedside.
Vibrating-mesh nebulizer	• Efficient delivery of drug into lungs (40–60% of initial dose). • Homogeneous droplet diameter. • No temperature increase of delivered drug. • Good synchrony with ventilator. • Low residual drug volume lost. • Easy to use. • Low dimension at bedside. • Single use.	• High cost. • Not suitable for concentrated and viscous solutions.

Ρυθμίσεις για Χορήγηση Νεφελώματος

Characteristic	Description
Ventilator mode	• Volume-controlled mode. • Constant inspiratory flow.
Ideal ventilator parameters	• Tidal volume 8 mL/kg. • Respiratory frequency 12–15 breaths per minute. • Inspiratory to expiratory (I:E) ratio $\leq 50\%$. • End-inspiratory pause of 20% of duty cycle. • Positive end expiratory pressure 5–10 cm H₂O.
Important considerations	• Avoid sharp angles and rough inner surfaces in ventilator's circuit. • Avoid asynchronies and triggering. • Increase level of sedation if necessary. • Remove heat and moisture exchanger during procedure (and replace immediately afterwards). • Stop heat humidifiers during nebulization. • Change expiratory filter after each nebulization (expired particles are collected there and can cause obstruction).

Ρυθμίσεις για Χορήγηση Νεφελώματος

Strategy related to ventilator circuits

- Place filter on expiratory limb (before flow meter).
- Change expiratory filter after each nebulization.
- Suspend heat and humidification except for patients with thick secretions that tend to occlude system and in patients with bronchial spasticity.
- Minimize disconnection of circuit, particularly in patients with severe hypoxemia.
- Monitor peak airway pressure during nebulization; increase of this parameter may be related to obstruction of expiratory filter (change it immediately!) or to bronchospasm.
- If bronchospasm is mild, withdraw nebulization and administer local bronchodilators before following nebulization.
- If bronchospasm is severe, consider another nebulized antibiotic or change route of administration.
- If bronchoconstriction persists, consider another nebulized antibiotic or change route of administration.
- Check renal function (serum creatinine levels), particularly when nebulizing aminoglycosides and in patients with previous renal dysfunction.

Oxygenation during nebulization process

Avoid

Other

- Ensure correct level of sedation; low doses of propofol avoid asynchronies with ventilator (midazolam instead of propofol can be used in haemodynamically unstable patients).
- If sedation is increased to ensure patient's coordination with ventilator, it should be withdrawn at end of nebulization.
- Recruitment manoeuvres before nebulization in haemodynamically unstable patients and if manoeuvre may compromise oxygenation.
- Tidal volumes of 8 ml/kg in patients with severe ARDS.
- Increase of auto-PEEP in patients with high airway resistances (asthma, COPD patients) by maintaining enough expiratory time.
- Nebulize colistin immediately after reconstitution of prodrug colistimethate sulfate to avoid excessive conversion to biologically active colistin, which can cause airway or alveolar injury.

Strategy related to monitoring

Ποιά είναι αυτήν τη στιγμή η θέση των εισπνεόμενων αντιβιοτικών;

At, present, the use of aerosolized antibiotics for VAT and VAP should only be considered for infections attributed to XDR or PDR pathogens resistant to all β -lactam and carbapenem antibiotics, due to the absence of adequate intravenous therapy and lung penetration with agents such as colistin, tigecycline and the aminoglycosides. However, the delivery of aerosolized antibiotics should be carried out in a manner that ensures proper technique is employed for optimal lung penetration of the antibiotic

Ευχαριστώ πολύ για
την προσοχή σας

